**Armstrong Middle School May Lunch Menus**

**Tuesday, May 1**

Crispy Chicken Taco, Deli on Bun, Whole Kernel Corn, Refried Beans, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Wednesday, May 2**

BBQ Pork on Bun, Grilled Chicken Sandwich, Sweet Potato Fries, Creamy Coleslaw, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Thursday, May 3**

Mandarin Chicken, Hamburger, Asian Stir Fried Rice, Glazed Carrots, Steamed Broccoli Florets, Garlic Toast, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Friday, May 4**

Pepperoni Pizza, Cheese Pizza, Chicken Patty Sandwich, Whole Kernel Corn, Tossed Salad with Dressing , Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Monday, May 7**

Pulled Pork Taco, Deli on Bun, Whole Kernel Corn, Refried Beans, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Tuesday, May 8**

Fish Sticks, Hamburger, Creamy Coleslaw, Potato Tots or Wedges, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Wednesday, May 9**

Hamburger Steak with Gravy, Grilled Chicken Sandwich, Macaroni and Cheese, Black-Eyed Peas, Southern Greens Combo, Cornbread, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Thursday, May 10**

Turkey Tetrazzini, Ham & Cheese on Hoagie, Green Peas, California Vegetables, Whole Wheat Roll, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Friday, May 11**

Pepperoni Pizza, Cheese Pizza, Spicy Chicken Sandwich, Whole Kernel Corn, Baby Carrots with Dip, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Monday, May 14**

BBQ Nachos, Hamburger, Whole Kernel Corn, Baked Beans, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Tuesday, May 15**

Sliced Turkey with Brown Gravy, Deli on Bun, Mashed Potatoes, Green Beans, Whole Wheat Roll, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Wednesday, May 16**

Italian Rotini Casserole, Grilled Chicken Sandwich, Steamed Broccoli Florets, Glazed Carrots, Garlic Toast, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Thursday, May 17**

Turkey and Cheese on Hoagie, Hamburger, Creamy Coleslaw, Potato Tots or Wedges, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Friday, May 18**

Pepperoni Pizza, Cheese Pizza, Chicken Patty Sandwich, Whole Kernel Corn, Tossed Salad with Dressing , Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Monday, May 21**

Turkey and Ham Club, Cheeseburger, Baby Carrots with Dip, Sweet Potato Fries, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Tuesday, May 22**

Corn Dog Nuggets, Turkey and Cheese on Bun, Creamy Coleslaw, Baked Beans, Fresh Fruit, Chilled Fruit, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Strawberry Milk, FF Vanilla Milk

**Wednesday, May 23**

Manager’s Choice – Last Day of School