

FREE Childbirth Classes

2017



Emerson Family School
1504 Louisville Street



Tuesday
5:30 p.m. – 7:30 p.m.

Feb	June	Oct	Instructors	Topic
7	6	3	Linda McGrath, PhD, MCHES La Leche League Leader Lactation Consultant (IBCLC)	Parent/Infant Bonding and Breastfeeding
14	13	10	Havilah Couvillion, RN, BSN Masters Candidate in Nurse Education, UAB	Pregnancy and Childbirth
21	20	17	Jacqueline Hodges, MS, RDN,LD MS Department of Health	Nutrition for Mother and Baby
28	27	24	Ellen McGuffey, CPNP Nurse Practitioner Starkville Pediatrics	Infant and Child Care
Mar	July	Nov		
7	10	7	Havilah Couvillion, RN, BSN Masters Candidate in Nurse Education, UAB	Relaxation Techniques Labor & Delivery

- **Classes start at 5:30 P.M.**
 - **End at 7:00 P.M.**
 - **To pre-register, call 320-4607**
 - **Free Childcare & Snacks**
- SPACE IS LIMITED**



Starkville School District
Department of Family-Centered Programs
Emerson Family Resource Center

Funded by **Kiwaniis of Starkville**

