



Henderson Ward
Stewart School
Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

2
CHICKEN W/ ALFREDO SAUCE
HAMBURGER
GRILLED FAJITA SALAD
STEAMED BROCCOLI
BUTTERNUT SQUASH
FRESH FRUIT
CHILLED FRUIT
ROLL
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

3
BBQ ON BUN
GRILLED CHICKEN SANDWICH
CREAMY COLESLAW
SWEET POTATOES
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

4
STEAK FINGERS
HAM & CHEESE ON HOAGIE
CHEF SALAD
MASHED POTATOES
BROWN GRAVY
SOUTHERN PEAS
FRESH FRUIT
CHILLED FRUIT
ROLL
CHOCOLATE MILK
WHITE MILK

Fall Break!

BE SURE TO PICK UP OUR
HIGHLIGHTED ITEMS THAT ARE
MISSISSIPPI FARM RAISED!

FARM TO SCHOOL WEEK!

9
NACHOS GRANDE
HAM & CHEESE ON HOAGIE
GRILLED CHICKEN SALAD
WHOLE KERNEL CORN
CARROTS W/ DIP
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

10
CORN DOG NUGGETS
CHEESEBURGER
BAKED BEANS
CREAMY COLESLAW
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

11
HAMBURGER STEAK W/ GRAVY
FISH SANDWICH
GRILLED FAJITA SALAD
MACARONI & CHEESE
BLACK-EYED PEAS
SOUTHERN GREENS
FRESH FRUIT
CHILLED FRUIT
CORNBREAD
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK

12
MANDARIN CHICKEN
HAMBURGER
STIR FRIED RICE
GLAZED CARROTS
STEAMED BROCCOLI
FRESH FRUIT
CHILLED FRUIT
GARLIC TOAST
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

13
STUFFED CRUST PIZZA
MEXICAN PIZZA
CHEESE PIZZA
CHICKEN PATTY SANDWICH
TOSSED SALAD
WHOLE KERNEL CORN
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

16
CHEESY CHICKEN OVER RICE
HAM & CHEESE ON HOAGIE
CHEF SALAD
SWEET POTATO CUBES
CALIFORNIA VEGGIES
FRESH FRUIT
CHILLED FRUIT
ROLL
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

17
BBQ NACHOS
GRILLED CHICKEN SANDWICH
WHOLE KERNEL CORN
PINTO BEANS
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

18
VEGETABLE BEEF SOUP
DELI ON BUN
GRILLED CHICKEN SALAD
TOSSED SALAD
RAW VEGGIES W/DIP
FRESH FRUIT
CHILLED FRUIT
CHEESY BREADSTICK
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

19
CHICKEN NUGGETS
HAMBURGER
MASHED POTATOES
BROWN GRAVY
GREEN BEANS
FRESH FRUIT
CHILLED FRUIT
ROLL
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

20
STUFFED CRUST PIZZA
MEXICAN PIZZA
CHEESE PIZZA
DELI ON BUN
BROCCOLI W/DIP
WHOLE KERNEL CORN
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

23
SOFT SHELL TACO
TURKEY&CHEESE on BUN
GRILLED FAJITA SALAD
WHOLE KERNEL CORN
PINTO BEANS
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

24
HUNTINGTON CHICKEN
HAM & CHEESE ON HOAGIE
SWEET POTATOES DoD
CALIFORNIA VEGGIES
CANTALOUPE
CHILLED FRUIT
GARLIC TOAST
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

25
BRUNCH FOR LUNCH
GRILLED CHICKEN SANDWICH
CHEF SALAD
HASHBROWN POTATOES
SWEET POTATOES
FRESH FRUIT
CHILLED FRUIT
PANCAKES W/ SYRUP
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

26
FISH NUGGETS
HAMBURGER
MACARONI & CHEESE
BLACK-EYED PEAS
SOUTHERN GREENS
FRESH FRUIT
CHILLED FRUIT
CORNBREAD
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

27
STUFFED CRUST PIZZA
MEXICAN PIZZA
CHEESE PIZZA
GRILLED CHICKEN SANDWICH
CARROTS W/ DIP
WHOLE KERNEL CORN
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

30
CHICKEN FAJITAS
CHEESEBURGER
GRILLED CHICKEN SALAD
PINTO BEANS
WHOLE KERNEL CORN
FRESH FRUIT
CHILLED FRUIT
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK
VANILLA MILK

31
COBWEED CHEESY BURGER
BAKE
GHOULISH GRILLED CHICKEN
SANDWICH
TARANTULA TOSSED SALAD
GOBLIN GREEN BEANS
FRESH FRUIT
CHILLED FRUIT
TROLL ROLLS
CHOCOLATE MILK
WHITE MILK
STRAWBERRY MILK

A student may select 3, 4, or 5 components, but
ONE of their choices must be a fruit or vegetable.

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