



January 2024

School Readiness Calendar

Parents are the child's first teacher!
Help prepare your child for kindergarten.



Sunday Creative Arts	Monday Language Arts	Tuesday Science	Wednesday Letter	Thursday Math	Friday Social & Emotional	Saturday Physical Development
	1 Happy New Year!! Start a new tradition- read a book every day with your child.	2 Take a winter walk with your child. Collect sticks, rocks, and leaves for your child to explore.	3 The letter W is for winter. Name words that begin with the /w/ sound.	4 1, 2, 3. Count daily with your child. Today, count your child's fingers and toes. Encourage your child to repeat you as you count.	5 Learning about emotions is important. Label your child's emotions. "You are happy, like the snowman!"	6 January is a cold month. Set up an indoor obstacle course for your child.
	7 It may or may not snow in Mississippi. Let your child create their own snow scene by gluing cotton balls onto paper.	8 New books are exciting for your child. Checkout winter books at your local library or Resource & Referral Center.	9 Introduce science vocabulary during nature walks. Say, "Some animals hibernate in the winter. This means they sleep all winter long!"	10 Place shaving cream on a clean surface. Show your child how to write the letter "W" with their finger for literacy and sensory play.	11 Count daily with your child. Today, count the number of people living in your home.	12 To help your child learn about emotions, label your own emotions. "Mommy is excited because Grandad is coming for a visit!"
14 Create a snow scene using white paint. Children can paint a scene with their fingers or a paint brush.	15 Today we celebrate Dr. Martin Luther King! Reading books about Dr. King help children learn about his life and work!	16 Create your own snow experience! Mix equal parts shaving cream (foam) & cornstarch for a dense, foamy snow!	17 Letter recognition is important. While grocery shopping or in your own pantry, point to the letter "W" on products.	18 Add one more. Encourage your child to count as high as they can. Add one more, saying the next number.	19 Help your child recognize the emotions of others. "That little girl looks sad. She has tears on her face."	20 Bundle up! Visit a local park for movement and winter fun!
21 Cut out three circles. Encourage your child to glue the circles to create a snowman. Add eyes, a nose, and hat!	22 Talk, talk, talk with your child. Introduce winter vocabulary to your child, Winter, sweater, mittens, frozen, January, etc.	23 New science vocabulary. Say, "Geese & ducks have migrated to MS. They have moved to MS for the winter."	24 W is for waffles and water. Enjoy a fun breakfast with your child, emphasizing the /w/ sound.	25 Encourage your child to gather his favorite toys/objects. Count the objects together.	26 Introduce new emotion al words to your child. "Not being able to play outside today is disappointing."	27 Have a winter animal walk with your child. Crawl slowly like a bear, jump like deer, and waddle like penguins!
28 Show your child how to tear tissue or tissue paper. Form into a small ball and glue on paper to create a snowy scene.	29 Encourage your child to choose their favorite book. While reading, encourage your child to point to named pictures in the story.	30 Science Experiment: Put ice cubes in a glass at night before bed. Check in the morning to see what happened. Why did they change?	31 Add an action! Putting movement with letters helps your child recall the letter name & sound. Wiggle, wave, & waddle!			